



Connections Camp 2021 Goals and Objectives

Check 2-3 goals for your child to focus on during camp. If you select goal 2 or 4, also fill out the highlighted area.

Name	Click or tap here to enter text.	DOB	Click or tap here to enter text.
<input type="checkbox"/>	1. Will learn and utilize coping skills <ul style="list-style-type: none"> a. Will learn about coping skills and how to use coping skills appropriately b. Will utilize coping skills appropriately and when needed to avoid increased negative feelings <ul style="list-style-type: none"> i. Deep breathing ii. Mindfulness c. Will use learned coping skills and relaxation techniques to aid in regulating negative emotions <ul style="list-style-type: none"> i. Asking for a break ii. Counting 		
<input type="checkbox"/>	2. Will manage anger appropriately and will learn about anger management techniques <ul style="list-style-type: none"> a. Will manage anger in an age appropriate fashion instead of becoming aggressive or Click or tap here to enter text. b. Will learn the importance of using anger management techniques instead of becoming aggressive or Click or tap here to enter text. 		
<input type="checkbox"/>	3. Will engage in and improve overall social skills (communication, play, etc) with peers, and engage in positive peer interactions <ul style="list-style-type: none"> a. Will engage in starting, engaging, and participating in conversations with peers b. Will maintain eye contact when engaging in conversations with teachers and peers c. Will have positive peer interactions by demonstrating <ul style="list-style-type: none"> i. Positive communication ii. Appropriate Play iii. Maintaining boundaries 		

<input type="checkbox"/>	<p>4. Will increase safety awareness in the camp and community settings</p> <ul style="list-style-type: none">a. Will demonstrate safety awareness by decreasing Click or tap here to enter text. behaviorsb. Will learn about the importance of maintaining safe behaviors during camp and in the community settings
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Form Completed By:	Click or tap here to enter text.	Date:	Click or tap here to enter text.
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